

| MEMBER DETAILS |                |
|----------------|----------------|
| Name:          | Date of Birth: |
| Home address:  |                |
| Telephone:     | Mobile:        |
| Email:         |                |

| PAYMENT OPTIONS                                                                                                               |
|-------------------------------------------------------------------------------------------------------------------------------|
| £25 per year (April to March). £12.50 if joining between October and March.                                                   |
| <input type="checkbox"/> Bank transfer ( <b>Preferred method</b> ) - Pain Support Jersey, 30-94-61, 58666168, Ref: Full name. |
| <input type="checkbox"/> Cheque - Payable to 'Pain Support Jersey' (please write your full name on the back.)                 |
| <input type="checkbox"/> Cash - Place in a named, sealed envelope and hand to a committee member.                             |

| DONATION                                                                |                              |
|-------------------------------------------------------------------------|------------------------------|
| I would like to include a donation along with my annual membership fee. | Yes <input type="checkbox"/> |
| Amount £                                                                | No <input type="checkbox"/>  |

| DATA PROTECTION                                                                                                                                                                                     |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| We collect and manage your information following the Data Protection (Jersey) Law 2018 and our Privacy Policy (found at <a href="http://www.painsupportjersey.com">www.painsupportjersey.com</a> ). |

| COMMUNICATION PREFERENCES                                                             |                              |
|---------------------------------------------------------------------------------------|------------------------------|
| I am happy to receive updates about the Charity's events, activities and fundraising. | Yes <input type="checkbox"/> |
|                                                                                       | No <input type="checkbox"/>  |

| DISCLAIMER                                                                                  |                              |
|---------------------------------------------------------------------------------------------|------------------------------|
| I join sessions voluntarily and understand that any exercise I do is my own responsibility. | Yes <input type="checkbox"/> |

| SIGNATURE                                |             |
|------------------------------------------|-------------|
| I've read and understood the disclaimer. |             |
| Signed:                                  | Print Name: |
| Date:                                    |             |

Please complete and hand to a Committee Member, post to Pain Support Jersey, Enid Quenault Health and Wellbeing Centre, St Brelade, La Route des Quennevais, JE3 8JW or email to [psjersey15@gmail.com](mailto:psjersey15@gmail.com).